

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Before School 7:30 am - 8:30 am</p> <p>Note: Skateboarding and Surfing will have a 7.00 am start</p>	<p>Years 9 & 10 Sydney FC Football S&C</p>	<p>Year 7 & 8 BOYS Sydney FC Football</p>	<p>Years 11-12 Sydney FC Football S&C</p>	<p>Years 9 & 10 BOYS Sydney FC Football</p>	<p>Year 7&8 Sydney FC Football S&C</p> <p>Years 11-12 Sydney FC Football</p>	
		<p>All Years Skateboarding</p>		<p>Years 7-12 GIRLS Sydney FC Football</p>		
		<p>Years 7-12 Netball</p>		<p>Junior GIRLS Rugby League</p>	<p>All Years Skateboarding and Surfing</p>	<p>Years 7 & 8 Rugby Union Fundamentals</p>
	<p>Years 7-12 Basketball</p>	<p>Junior Development Boys Rugby League</p>		<p>Junior Development Rugby League S&C</p>	<p>Junior Girls Rugby League S&C</p>	<p>All Years Surfing</p>
<p>Period 1 & 2 9:00 am – 10:40 am</p>			<p>Years 7 + 8 All Sports (excl. surfing)</p>			
<p>Period 3 & 4 11:10 am – 12:50pm</p>			<p>Years 9 + 10 All Sports (excl. surfing)</p>			
<p>Period 5 1.20 pm – 2:10 pm</p>			<p>Years 11 + 12 All Sports</p>			<p>Years 10-12 BOYS Rugby League</p>
<p>Period 6 2:10 pm – 3:00 pm</p>			<p>Years 7-12 Surfing</p> <p>Note: League students will do a vast majority of S&C within their Wednesday trainings.</p>			<p>Senior Girls Rugby League S&C</p>
				<p>Years 7-12 Netball S&C</p>		
				<p>Years 7-12 Basketball</p>		
<p>After School 3.00pm – 4.00 pm</p>	<p>Elite Juniors Rugby League</p>			<p>Years 10-12 Boys Rugby League S&C</p>		
				<p>Senior Girls Rugby League</p>		
				<p>Years 7-12 Netball</p>		
				<p>Years 7-12 Basketball S&C</p>		

