

Matraville Sports High School Newsletter

Term 3, 2022

As the term draws to a close, we are excited to share with you the highlights and achievements of our school community.

A look at what's inside this issue:

- News from the Principal
- News from the Deputies
- Year Group Updates
- Faculty Updates
- Talented Sports Program
- NAIDOC Day 2022
- Beyond the classroom
- Careers
- UNSW Partnership
- Wellbeing





News from the Principal

Nerida Walker

VALE Nigel Williams

On the 4th of August this year, I was deeply saddened to be notified of the unexpected death of Nigel Williams, the Parent Council President of this school for the past 8 years.

Nigel has two sons, Max and Ziggy, who both graduated from Matraville Sports High School, both to UNSW. He was a relentless advocate for the school, speaking to prospective parents, attending school orientation days, being the photographer for official events and acting as the parent representative on staff recruitment panels. Nigel's lobbying to government about leaking rooves resulted in action, with a new roof on A/C block installed in 2014. In addition, Nigel donated over 20 Apple devices to the school which have been used to set up the Music lab, to support students with disabilities, and to boost technology in the school. He also donated his time to help staff set up their own devices and troubleshoot issues, all free of charge with a smile on his face and a witty retort.

Nigel's contribution to the school and its community were honoured in a Principal's Award for service to the school in 2017.

For the 2022 Presentation Day, a new award will be commissioned in Nigel's honour. In the spirit of giving back to the community, I will be calling on parents in term 4 to form a new Parents and Citizens Committee or Parent Council to support us in delivering an excellent education to our wonderful students.

Please contact the school if you are interested in being part of the new committee and/or if you are interested in being trained to be on teacher recruitment panels for the school, both voluntary positions.

New policies, procedures and framework to keep students engaged in learning at school

The Inclusive, Engaging and Respectful (IER)
Schools package was announced in February this
year by NSW Minister for Education and Early
Learning, Hon Sarah Mitchell.

It centres on three new policies and procedures and a framework that together set the guidelines for how we ensure all children and young people can learn through public education in a safe and engaging way. The IER Schools package includes the:

- Inclusive Education Policy for students with disability
- Student Behaviour Policy and Procedures
- Restrictive Practices Framework and Restrictive Practices Reduction and Elimination Policy and Procedures.



News from the Principal

Nerida Walker

With these new policies, we want all students to:

- be included in all aspects of school life and supported to learn to their fullest capability
- be supported in engaging, respectful, and effective classrooms with positive and inclusive practices
- feel welcomed, valued and safe in our schools and classroom

Two of the policies are new: the Inclusive Education Policy; and the Restrictive Practices Framework and policy. Both clarify existing legal obligations, effective, appropriate and prohibited practices, and the rights of students, parents and carers.

The Student Behaviour Policy replaces the Student Discipline in Government Schools and Suspension and Expulsion Policy. The key change is the approach all NSW public schools will take to address disruptive or inappropriate behaviour by a student. The duration of a suspension will be reduced along with the number of suspensions across a school year. Every school will be able to draw on the support of a range of staff including behaviour specialists to effectively address issues resulting in these behaviours in order to prevent future escalations. We will continue to work closely with you and all our families.

It does not mean, however, that students who are violent or seriously disrupt the learning and wellbeing of others will be kept at school. Any student who puts the safety of other students, teachers and staff or visitors at risk of harm – will be suspended until it is safe for them to return.

The Inclusive Education Policy for students with disability and the Student Behaviour Policy become operational in Term 4, 2022 and the Restrictive Practices Policy becomes operational in Term 1, 2023.

The staff and I are reviewing our current approach to all of the areas covered by these policies and wish to share any changes we believe need to made with you next term.

Our school already takes a strong, positive student-centred approach, but we want to work with you to ensure, together, every student has the right support at the right time to help them grow into confident, resilient adults. For more information on these policies, please visit the NSW Department of Education website.

Nerida Walker



Mr. W. Lundon

A big thank you to all staff for going the extra mile to continue to deliver quality education to our students during extraordinary times. Term 3 has been very busy with many opportunities provided to our students and staff to continue to develop and grow and reach their full potential.

This term we came together as a community to celebrate R U OK? Day 2022. R U OK? Is a charity that provide support and guidance on mental health. This years theme was: A conversation can change a life. Students and staff participated in an assembly that looked at empowering everyone to meaningfully connect with the people around them and start a conversation with someone that might be struggling. The four steps of a conversation are:

- 1. Ask R U OK?
- 2.Listen
- 3. Encourage them to seek help
- 4. Check in.

Following the assembly students and staff had a morning tea with cupcakes made by Mrs Lewis. We thank her for all those hours she spent baking those delicious yellow cupcakes!







Mr. W. Lundon

SASS Recongition Week

Earlier this term, we acknowledged the amazing men and women that are part of our school support staff. The staff go above and beyond to assist our students and staff in the classroom, canteen, playground and office on a daily basis. They participated in professional learning and enjoyed a thank you lunch at the Yarra Bay Sailing Club as a small token of our appreciation.





Counsellor update

I want to provide you with an update on our counsellor support for students at MSHS. We now have a counsellor on site 5 days per week and for the first two terms of this year we had Valerie Shine reliving as a counsellor whilst Chiz was on maternity leave. Chiz has now returned to school but I want to say a huge thank you to Val for her continued dedication to our school community and wish her well for the future and also welcome Chiz back.

ILC Graduation

In my role as Deputy Principal Inclusion and Support I was an invited guest to the ILC Year 12 Graduation this week. Last years graduation was undertaken online via zoom but this year we had the opportunity to come together face to face to celebrate the individual and collective achievements of the students from the ILC. It was a very special event and it was amazing to see how much the students had not only physically grown but also grown in confidence from when they started at MSHS in year 7 to young men and women that are now commencing on the next phase of their lives. I wish them and their families the very best for the future and look forward to hearing updates on their progress post school. This event would not have been possible without the hard work and dedication of the ILC staff especially Ms Furner for her leadership.



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Mr. J. Garrido

Ms. T. Lewis

It is with great pride, that I write this letter of introduction as the Acting Deputy Principal of Matraville Sports High School. I am honoured to become a member of the Matraville Sports HS community and I am looking forward to working with our dedicated staff, parents, and community partners to provide an exceptional education experience for our students.

I began my career as an educator in the Granville district and have held executive positions across Campbelltown and Fairfield regions. I have a strong football background, which made PDHPE and Sport a natural fit for curriculum delivery and leadership. Having grown up in Hillsdale myself, the opportunity to return and give back to this community was an exciting prospect for me.

One of the key aspects of my role is supporting student engagement of Years 7-9. It has been amazing to witness the growth and development of our students over the past few months and I have been lucky enough to witness students excel in the classroom and on the sporting field.

I am motivated by the prospect of working with all key stakeholders in supporting the learning of all students and ensuring we meet the academic, creative, social-emotional, and physical needs of our students. Celebrating their success and providing the motivation to continue to challenge themselves.

Thank you for the warm welcome and I look forward to working with you all soon.

Let me introduce myself properly to the school community. My Name is Traci Lewis and I am a science teacher for over 30 years. I have come from a senior campus where I only taught year 11 and 12 students, so I am experienced in this area and Ms Walker has given me the job of looking after years 10, 11 and 12.

I am happy to be a deputy in this school and have enjoyed meeting everyone. The beauty of a small school is that you get to know every student by name, and I am working on that!

I have lots of big plans to help year 12 achieve success in the HSC whether they are an ATAR student or not. For example, next term the 2023 year 12 students will be attending a conference over three days in the first week with the help of the UNSW students which will look at identifying and focusing on student's strengths, looking at career pathways, organisational skills, assessment, note making, how to adult, expectations of successful year 12 students and a visit to the UNSW. All of this has been organised for the new year 12 students to support them in their final year of high school and to make it a successful year. There will be many more things that will take place for years 10 and 11 to help support them as well – stay tuned.

Looking forward to working with students and the school community Pop in and say hello!



Year 7 Update

Year 7 Advisor - Alison McCulloch

Term 3 has been a busy one for Year 7. We started the term with an excursion to Manhattan Superbowl for the many students who achieved one or more gold merits in Semester 1. Year 7 started some new subjects this semester, saying goodbye to Geography and Art and hello to History and Music. In History lessons, students completed an interactive activity where they 'excavated' chocolate chips from a cookie using toothpicks to demonstrate the process of archaeology. In Music, Mr Holowell and Mr Powell's classes have combined to learn about rhythm and drumming, and have been building their confidence in performing in front of a group.

In Week 5, Year 7 participated in an amazing NAIDOC celebration at school. The day began with an assembly to celebrate the achievements of our Aboriginal and Torres Strait Islander students. Congratulations to the following Year 7 award recipients:

- Latarley Brown Yeo Academic Excellence
- Malakai Quinlan Encouragement
- Nessa Ingrey Deadly All Rounder

Later in the day, each class participated in a range of activities, including Dharawal Language workshops, Indigenous trivia, cooking using native ingredients, ochre and weaving workshops. In the afternoon, students were treated to a performance by rapper and former MSHS student Kobie Dee. Kobie was joined on stage by Year 7 student Kayden Robertson who was invited to rap along with one of his tracks and Sam Khandaker wowed the school with his amazing dance moves.

In our mid-term Year Meeting, several students received Year Advisor awards for uniform, attendance and excellence in PBL. Congratulations to Mariah Kyriakou and Harry Illingworth (uniform), Sienna Turner, Zoe Moss, Sam Khandaker and Yaniv Lanciano (attendance) and Chloe Downes and Nathan Kumar (excellence in PBL).

On the sporting field, our under 14 girls rugby league team competed in the Katrina Fanning Cup, leaving the gala day undefeated. Congratulations to Latarley Brown Yeo, Erin Reynolds, Lara Bourillon, Moana and Te'Rina Vueti Gardiner for this amazing feat.

Year 7 students are encouraged to keep up the great work in their school attendance, uniform and attitude to learning as they enter their final term of school for the year.





Year 8 update

Year 8 Advisor- Alice Kriesler

It has been a great term for our Year 8 students with outstanding results inside and outside the classroom. The term started with students setting SMART goals to work towards based on their attitude and performance in the first semester. After creating their goals, students brainstormed an action plan to help them work towards achieving these goals.

The term also saw some exciting opportunities for students, including Subject Selection. Year 8 students and their families participated in Subject Selection evening where they were able to see what elective opportunities were available for them next year. After this, students selected the electives they were interested in to undertake over the next two years.

Another exciting opportunity for our Year 8's was their first opportunity to attend the annual ski trip. Aspen Hewson, Jaiah Martin, Astrid McMillan, Mila Spies, Felix Stanton, Adam Mansour, Leora Fouracre, and Tom Van der Wielen represented the Year 8 cohort exceptionally, learning new skills and having a great time on the slopes.



The Year 8's have been working hard in the classroom, with over 50 students receiving Silver Merit Awards this term. A special congratulations for the following students who received a Gold Award this term: Gwendolyn Ellis, Brodie Garvey, Tristan Lima Santiago, Byron Rice, Dion Webb, Leora Fouracre, Astrid McMillan, Maxim Serdechniy, Lili Viall, Kylar Vecellio, Aspen Hewson, Layla Briffa-Cochrane, Isaiah Krimotat and Mila Spies.

We are looking forward to each and every one of our wonderful Year 8's continuing to succeed and reaching their goals next term.





Year 9 Update

Year 9 Advisor- Emily Grouse

actively involved in so many events and initiatives stress the importance of regular attendance at this term. These opportunities have encouraged students to engage in further learning and activities that they value so highly.

Some of the highlights students in Year 9 have been involved in include the NAIDOC concert at Sydney Conservatorium, National Tree Day, Raise Mentoring, white card training, debating, Design and Arts UNSW workshops, ski camp and of course a range of sporting events and games.

It has been great to see Year 9 participate and be As we approach the final term of 2022, I want to school. Missing just one day a fortnight is equivalent to four weeks per year. All absences must be explained via Compass or contacting the front office.

> I look forward to witnessing even more achievements next term by this amazing year group!







Year 10 Update

Year 10 Advisor- Danny Tran

Year 10 have had a busy term! A lot of big decisions had to be made this term, and I would like to commend and acknowledge the hard work the year group have placed into these processes. It displays a great sense of maturity and determination to strive for what is best for them in the future. Year 10 students, and their carers/guardians attended our Subject Selection night to investigate what subjects our school offered and to speak to their teachers to seek for advice. This demonstrated great initiative, and after some careful deliberation, the Year 10 have selected subjects that celebrate their ability and passions.

In addition, Year 10 had the opportunity to participate in UNSW TalkLaw. TalkLaw is an Australian community legal education initiative run by King and Wood Mallesons (KWM) Pro Bono Legal Services. It provides practical workshops on legal issues relevant to young people. The year 10 students had the opportunity to engage in two workshops at school, and on the third workshop they went to the KWM office. At the office, students travelled up to the 61st level of the building! Here, they worked with volunteers from TalkLaw to work through a mock trial. The mock trial was a success, as it involved team work, clear communication and effective problem solving. A wonderful chance to showcase their brilliance, and a fantastic group of students who proudly represented the school community. Well done Year 10!



Coming Up Next Term for Year 10 Work Experience Presentation Day





Year 11 Update

Year 11 Advisor- Alana Trovato

Congratulations to all Year 11 students who have just completed their last round of Preliminary assessments and examinations.

At the start of the year, the students commenced their senior studies with great motivation and have shown resilience when dealing with the challenges they have faced as they worked alongside their teachers.

As they approach their final year of schooling, the students are reminded to use the break to reflect, set goals for the year ahead, get some well-earned rest and spend time with family and friends.

In addition, I wish to congratulate our newly elected school leaders:

- School Captain Taigo Mendes and Faleone Chan Foon-Aluni
- Sports Captain Axel Pinkstone
- Vice Captain Zack Blacker, Jordan Djohari
- ILC Captain Ashab Uddin



Finally, we have started the process of organising our Year 12 leavers jersey. The students are reminded to ensure they confirm their size and nickname with me by the end of the Term 4, Week 1.

The design has been finalised and the invoice/note for students to pay for their jersey will be sent out in Term 4.





Year 12 Update

Year 12 Advisor- Daniel Ferreira

Congratulations Class of 2022! What an achievement, you have successfully made it to the end of your schooling career and should be commended on your commitment and diligence throughout the year. Year 12 you have demonstrated incredible courage and perseverance in the face of unprecedented and ever-changing circumstances whilst simultaneously navigating HSC assessments undertaking senior years of study.

In the last week of term 3, we had a dress up day to start the celebrations.

Graduation Day was shared with family and friends. Students were recognised for their great achievements and highlights of their personal and collective growth as a cohort. Students will also be awarded their Graduation certificates.

To our families and guardians, many thanks for trusting Matraville Sports High School to provide rich and diverse learning experiences and giving us the opportunity to nurture and develop your child and I do hope that our strong partnership continues in the future.

Our final message to the class of 2022: We wish you all the very best with your examination preparations and we look forward to seeing you celebrate at your formal!







Faculty Update- English/HSIE

English-Robyn Ford

Sydney Story Factory

Selected students in Year 7 and 10 had the privilege of working with Sydney Story Factory to build their writing skills, confidence and creativity. Year 7 students completed the workshop series "GPS Go Home" where they focused on the narrative element of descriptive writing and explored how to create setting and atmosphere through a range of literary devices. Year 10 students completed the workshop series "Autofiction" where they completed a range of writing activities that combined elements of autobiography and fiction. You can read a published collection of their writing and ideas in the booklets given to them in class!

Premier's Debating Challenge

Students from Year 7 and 9 have participated in the Premier's Debating Challenge where they showcased their ability to construct a sound argument and create strong refutes against the other team. Students represented Matraville Sports High against Randwick Girls, Sydney Boys and Sydney Girls. Congratulations to the following students on their exceptional performance:

Year 7: Cindy, Chloe, Erin, Yaniv Year 9: Astrid, Riley, Silvanna, Alison, Tamia

Geography and History

Students in 7-10 have been busy this term commencing either History or Geography lessons. Year 7 students have been learning about the Ancient world, focusing on Ancient Rome. Year 9 has been learning about Movement of Peoples and migration patterns in the modern world. These students recently presented speeches on the topic of experiences of slavery.

Students in Years 8 and 10 have commenced their second year of Geography. Year 8 students are studying the topic 'Water in the World' looking at water as a resource and how it is managed in Australia and around the world. Year 10 has focused on environmental management, looking at the environment as a life support system. Their assessment this term focused on different threats to the environment within different biospheres.

Good luck Year 12!

A special congratulations to students in Year 12 on the completion of their trial examinations this term, particularly those who felt the relief of submitting their HSC major works across a number of subject areas including Aboriginal Studies and Society and Culture.

The English/HSIE faculty wish our students in English Advanced, English Standard, English Studies, Aboriginal Studies, Business Studies, Modern History and Society & Culture all the best for their final exams and beyond.



Faculty Update- Mathematics

Mathematics-Robert Aerlic

All years have now completed their term 3 assessment tasks and there have been some very pleasing results. All students should now ensure that they have a home study plan established in preparation for the final assessment task in mid Term 4, which will be a yearly examination.

Results will arrive soon, and each student will receive a certificate of achievement and an analysis of their results.

The Mathematics Faculty thanks those students who participated this year, and we hope to get more students to volunteer for the competition in 2023.



An organisation called the Australian Maths Trust administers a number of mathematics competitions annually. These are all annual competitions where student participation is not mandatory.

This year, we had 11 students from years 7 to 10 volunteer to participate in the online version of the Australian Mathematics Competition (AMC). The AMC is an engaging 30-problem competition that demonstrates the importance and relevance of mathematics in students' everyday lives. Australia's leading educators and academics, with a deep understanding of our national curriculum standards, actively design the unique AMC problems each year.

Finally, good luck to our year 12 students as they continue to prepare for their HSC examinations in October. A reminder that there are UNSW tutors available on each Wednesday during the school holidays to assist with HSC readiness.



Faculty Update - Science

Science - Danny Tran

Term 3 has been a very productive term for the Science faculty and our science students! Across the different year groups, students have been investigating scientific phenomena by constructing and analyzing the importance of models.

Year 7 have produced robocopters to investigate the features of forces. Students were challenged with testing the effectiveness of their model by varying different parameters, such as the size of the wing span or weight of the material used to build it.

Year 8 have been hard at work constructing models for their student research project this term. Students have been designing models of the human body systems such as the respiratory and circulatory systems.

Year 9 have been hard at work studying plate tectonics. Students studied about different natural diasters that can result from the movement of these plates, such as earthquakes, volcanos and tsunami's. Students were tasked with constructing their own models of volcanos.

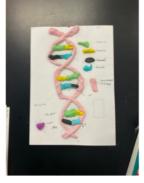


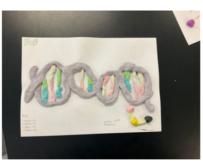






Year 10 have worked on broadening their understanding of genetics by creating models of DNA. Students also conducted research to investigate the different uses of genetic technology, which created respectful and deep debate about the ethics of the use of these technologies.









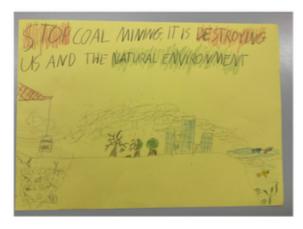


Faculty Update - Science

Year 11 Biology students have been hard at work with their studies. Students have been learning about the impact humans have on ecosystems and created posters that they would take to a protest rally! Our Year 11 Biology students will be attending a field study in Week 10 accompanied by the Gamay Rangers. The Gamay Rangers care for Country located on Gamay (Botany Bay). They undertake natural and cultural resource management activities on cultural areas within Botany Bay, and on conservation land owned by the La Perouse Local Aboriginal Land Council. We look forward to this opportunity, and will have delightful photos to share in the next newsletter! Look out for it then!

Lastly, we wish our Year 12 students good luck for their upcoming Higher School Certificate (HSC) examinations. Our students have worked hard this year and have displayed resilience as they have battled through so much change in their world over the past two years of their senior study. We are proud of what they have achieved, and we look forward to celebrating their successes once this is over!







Faculty Update- CAPA

Music- Hugo Powell & Jonathan Holowell

This has been a wonderful term for Music. In the last holiday break, our students attended the Conservatorium of Music in an exciting collaborative concert. This event celebrated the historical link between the Aboriginal and Indonesian cultures. Our students engaged in a percussion and dance ensemble and enjoyed performing with a variety of guest Indonesian and Aboriginal artists.





In Music classes, we have seen a great deal of talent from our students. This term, Year 7 commenced their musical journey exploring a variety of instruments.

One of our biggest highlights this term has been the partnership between the faculty of Music at UNSW and the wonderfully talented Year 9 Elective music students. We have collaborated with Dr Adam Hulbert and Rick Bull to create a recording which was completed at the UNSW studios on the 15th of September. This album will be released shortly.

Visual Arts

Over the past 6 weeks, Year 9 Visual Arts students have attended the University of New South Wales Art, Design and Architecture to engage in a series of practical workshops.

The students produced a variety of incredible artworks, 3D modelling, print making, screen printing, wet felting and laser cutting. They ended their time at the university with a small exhibition opening on campus.





Faculty Update - TAS

7TAS2 Technology Mandatory- Ms Sallows

This term 7-2 Technology Mandatory have been studying Materials Technology. Students spent the term designing and creating tie dyed calico tote bags. Students were able to learn new skills such as sewing and embroidering onto recycled fabrics.

The focus for the term is to reduce plastic pollution and to be proactive when bringing shopping bags to the supermarket. The class created a range of colourful, creative, and most importantly sustainable tote bags.







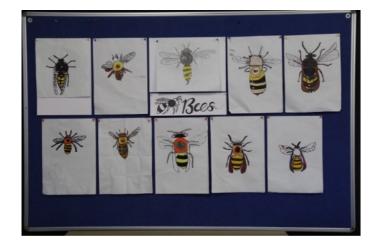


Inclusive Learning Centre (ILC)

ILC- Carolyn Burden

Students from ILC3 have just received notification that their artwork submissions to the Connections Showcase 2022 have been successfully accepted. The theme of the art initiative showcase is 'Ours to Share'. The art display is a digital showcase, highlighting the creativity of our NSW public school students with disability. I am so proud of my students and the wonderful artworks they created. What talent!





Students and staff have been collaboratively planning and organising for our 'U Matta' World Mental Health Day school assembly on Friday 21 October. Our ILC students will be managing the morning assembly, providing entertainment and gifts for others in our school supporting that 'U Matta' at Matraville Sports High School.

Students from the ILC 6 enjoyed the opportunity to participate in Practical Cooking lessons this term as part of their ongoing studies in TAS (Technical and Applied Studies). Students enjoyed cooking Banana Bread, Butter Chicken, Gozleme, Pizza, Hamburgers and Tacos.



Talented Sports Program

Director of Sport: Ante Juric

TSP- Ante Juric

In an action-packed Term 2 and Term 3, many of our TSP students were involved in games, gala days, tournaments and school championships; Football - Bill Turner Cup Girls/Boys. State Futsal Championships Girls/Boys. SFC Talent ID Days. Interschool games v Illawarra.

Netball - Interschool games v Illawarra.

Basketball - Interschool games v Illawarra.

Rugby League - University Shield Boys. Buckley
Shield Boys. Chase Stanley Cup Boys. Katrina
Fanning Cup Girls. Roosters coaches NRLW
Training for our girls. Interschool games.

Rugby Union - Interschool games. Ramsay 10s
SHS Shield Boys.







Within all of this competing, all of our TSP students have managed to keep on track their TSP team training programs and individual training programs, both on the field and in the gym. The efforts they continually show and the hard work they continuously output is a credit to all of these students.



Talented Sports Program

Director of Sport: Ante Juric

In term 2 and term 3, we have successfully held our year 7, 2023 trials for all of our TSP sports;

Netball, Basketball, League, Union, Surfing and Football. Our intake numbers are growing each year, which is pleasing, and is a credit to the positive changes being made by school.

A big thank you to all the coaches and to all the current students who helped out on these trial days.

Special mention to the following students. AJ Bachmann who gained selection to the NSW U14s State Football team and will play in the Nationals later in the year. Clayton Mc Goon on attaining selection to the NSWCHSSA U15s Rugby League team. Jamie Ashcroft on winning the boys ski slope style division 1, representing Matraville at Australian Interschool snow sports championships.









NAIDOC DAY 2022

Shallan Foster

This year we celebrated NAIDOC with a bang and from the all the feedback from all whom took part, 'it was the best one yet'.

As this year's theme Get Up! Stand Up! Show Up! MSHS celebrated the importance of Aboriginal history, education, the effort and success of those gone before us, our students and those of us in all areas of life who continue to show up for change. Staff & students participated in a whole school assembly, followed by a round robin of activities that included:

- Koori Trivia
- Aboriginal flavoured cooking
- Weaving
- Minute to Win it Aboriginal activities
- Indig Games
- Art
- An ochre workshop
- 'You can't ask that' discussions
- Dharawal Language Workshops
- All Stars Sports Competitions

Students, staff and guests were also provided with a curry sausage, rice and fried scones for lunch!

The biggest surprise was finishing the day with a concert with ex-student turned rap artist Kobie Dee.



A massive thank you to all our volunteers and key community people and organisations for always supporting our school and students. Special shout to:

- La Perouse Youth Haven (Bummers)
- The Gamay Rangers
- The Gujaga Foundation
- Indigi Grow
- Saltwater Dance & Didj Group- Chifley Public School
- Akeisha Kelly- Matraville Soldiers Settlement
- Kevin Heath- HARP Unit
- Kayla Thorne- Curry Cook Up
- Aunty Helen Barr- Curry Cook Up
- Mark Thorne WEAVE Youth Service
- Julie & Zana- Culturally Nourishing Schools Project

Congratulations to all our students who received awards and to those staff who won this years 'Koori Kids Choice Awards' for their continued efforts to Aboriginal Education and our students happiness and success. The day was evidence of our local Aboriginal community and school getting up, standing up and showing up for each other.





Sista Speak- Shallan Foster

Sista Speak over the last three terms have participated in amazing opportunities with several outside agencies. Experiences learnt within the program aim to empower girls to think big picture and expose them to new technologies and different ways of learning.

Igniting the Spark in partnership with the Goanna Education and TPG explored aspects of the development, programming, problem-solving and data management in the IT industry. The girls created animations and online games. As part of their graduation, the girls were invited to visit Vodafone and were awarded tech packs with the latest technology.

In partnership with UNSW faculty or Arts, Design and Architecture, Sista Speak participants took part in a 7-week program with an immersive on-campus experience, connecting them with Aboriginal students and staff at UNSW faculties. They had the opportunity to work with the:

- School of Art & Design
- School of Built Environment
- School of Humanities & Languages
- School of Education
- School of Social Sciences
- School of Art & Media

This term, the girls have participated in workshops with staff of the La Perouse Youth Haven and SOM team. The focus of these workshops have been on team building, health and well-being. The girls have taken part in meditation and yoga, the impact of sugar workshops and trivia sessions.







Ski Trip- Daniel Ferreira

On Tuesday, August 30, a group of excited students and staff departed from Matraville Sports High School to travel to the snow for the annual ski trip. The bus left at 10:30 pm on Tuesday and arrived in Jindabyne early Wednesday morning. The bleary-eyed students (and staff) awoke quickly and excitedly, eager to meet their ski instructor on the slopes of Thredbo.

Some students had never been to the snow before, and it was special to observe their excitement as they played in the crisp, clear conditions. Some staff had spent months planning the trip, so for them, it was incredibly gratifying watching students enjoy themselves so much. In addition, the cold, crisp conditions made a cup of hot chocolate with a marshmallow or a cup of hot soup extra delicious and comforting at the end of the day.

The team went to bed exhausted but happy on Wednesday night, eager for another full day of activity on the slopes on Thursday. As Thursday progressed, students who had been tentative or nervous on their first day on the slopes built confidence from their lessons and observing their peers. The fresh powder also helped cushion their falls.

Although there were some minor injuries, students were exemplary in supporting each other while the snow patrol or a teacher arrived to provide treatment. In addition, the trip helped display some students' leadership qualities. The students also demonstrated patience and resilience on the trip home as the bus broke down four times on the trip back home Friday night.

Overall the students enjoyed themselves, and the trip was a huge success. The students behaved exceptionally well throughout the journey and are enthusiastic about attending next year's ski trip. We are proud with their efforts.





Oz Tag- Jacob Gagai

The Clontarf boys were excited to get one up as they took on their teachers in a game of Oz Tag.

As the majority of the school came flowing down to the footy field during lunch, the boys and their teachers were gearing up ready to battle it out for a second time. The last time they met resulting in a draw, both teams were keen to get the win to earn bragging rights in the classroom.

The game was a great way for both boys and teachers to build healthy relationships to get the best outcomes in the classrooms. As always, the game was played with plenty of Clonny spirit, lots of skill and some great tries with the teachers taking away the win 3-2.

Before lunch time come to an end everyone involved sat around for a sausage sizzle that a couple of the boys cooked up and a yarn before heading back to class. It was a great time for all, and the banter has already begun for the game next term.







Raise Mentoring-Emily Grouse

On the 9th of August Football Australia collaborated with the Raise Mentoring Foundation and Matraville Sports High to emphasise the social and community benefits of participating in a team sport.

This amazing opportunity allowed players from the Pararoos and ParaMatildas to spend time with our Raise mentees, their mentors and staff to share their stories, answer questions and participate in a skills session on our new football synthetic football field.

Students had the privilege of speaking to
ParaMatildas player Eloise Northam and
Pararoos players Jeremy Boyce and Luc Launder
on overcoming adversity and being resilient.

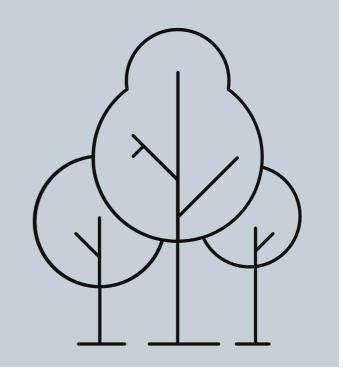
An amazing day for all those involved!





Tania Cerom-Thank you

Matraville Sports High school would like to thank Tanya Melnychenko and Ali Fleming for kindly donating Agave plants towards our garden beds. They look absolutely wonderful in the year 7/8 quad!





Careers

Careers- Alyssa Taylor

This term has been packed with so many opportunities for our students to engage in on their life long journey of learning.

SBAT

This year our students have been working at Barangaroo train station. This has been an amazing opportunity for them to gain multiple skills in the construction industry while completing a Certificate 11 in Construction.

Careers google classroom

Every student at Matraville can log onto the careers google classroom to access all information around TAFE, university, casual job, workshops, and work experience. I post all relevant opportunities to each year group. They also have links for all casual jobs that come up in the area. Students can access by obtaining the code by coming to see Ms Taylor in the careers room.





Careers

Defence Force

The Defence Force came out to the school in term 3 week 1 and ran an information session for any student interested in joining one the forces. This session was very informative and gave students a chance to talk to officers in the navy and army.



Work experience

Students out on work experience at Umina Beach Plumbing, Glidez Scooters and Bikes,

Year 10 students will be attending 2 weeks of work experience term 4 weeks 6 and 7. Lots of different opportunities at childcare, hairdresser, UNSW, carpentry. The students work with the careers advisor and year advisor to explore options for their future.

Yarra Bay student have also been going to work experience 2 days a week at local businesses. Some of these have been, Reece plumbing, Bg drilling, local hairdresser, barbers, Target, Big W, Best and Lest and Vinnies.

White card training

Tuesday 26th of July, 20 student attended a one-day training workshop at school. Students require a White Card if they are going to be working on a construction site or with a trade's person. This also applies to those students that will be working on a construction site at any time during the work experience or School Based Apprenticeships or Traineeships e.g. carpenter, plumber, electrician, landscaper.

Apprenticships r us

Students in Year 12 attended information session on different apprenticeships in the automotive industry. This was run to help any year 12 student looking to get an apprenticeship once they leave school. They will also help with any School Based Apprenticeship or Traineeship.

Opportunities coming up for year 9 and 10 students

- Yamaha motorcycle workshop TBC
- Lendlease martin place site tour 8th
 December
- Hair and beauty Tafe ultimo TBC
- John Hollard gateway project Lego engineering workshop TBc
- Mercedes Perfect autobody 24th November



Careers

Uac applications

Year 12 Students have been getting help in Weeks 8 and 9 period 1-3 this term from past Matraville students that go to UNSW. Students could sit down with UNSW students to help them complete the application process of getting into university.



Tax file numbers

Students have been able to come to the careers hub on Friday lunchtime to get help getting a tax file number. This will help students that are looking at getting a casual job or go into a SBAT.

- All working Australians have to provide their employer with a Tax File Number (TFN).
- If you have turned 13 years old you can apply without your parent / carer signature.
- If you do not provide a TFN you will pay more tax.
- You can apply for a TFN before you get your first job.
- To apply for a TFN, go to your Jobjump website and click on menu, then click on Tax file number and follow the links

Jobjump - a resource for everyone

Jobjump is a very user-friendly careers website that our students and community can use to help with all thing's careers.

To access:

1: Simply click on the link below or put into your address bar

https://matraville-sports.jobjump.com.au/

- 2: Click on 'I'm new' (top right)
- 3: Start typing Matraville sports high school
- 4: Our password is mat
- 5: Select your own password (make sure you record it somewhere to remember it).
 You will find many useful sections in 'menu' (top right) and in the tiles on the main page.

To return to the main page just click on our school's logo (centre top of every page)



UNSW Matraville Education Partnership

Katherine Thompson

In August, Matraville Sports High School students had a variety of opportunities to engage with UNSW through the UNSW Matraville Education Partnership:

For the fourth year in a row, Year 10 students participated in the "TalkLaw" program jointly presented by Kings & Wood Mallesons and the UNSW Legal and Compliance team. Students worked with volunteer lawyers to learn about a variety of legal issues that impact young people, including police powers, employment rights and cyber-safety. This culminated in an excursion to the KWM offices and participation in a mock trial!





- All term, Year 9 students from Matraville have been attending weekly workshops hosted by UNSW Art & Design for the inaugural "In the Making" program, proposed by Dr Bronwen Williams as part of the Matraville Future Students Hub callout earlier this year. Students have experienced a variety of workshops in A&D Makerspaces, culminating in a workshop with Bruce Mau and the Massive Action Sydney team and an exhibition held at the Art & Design Paddington Campus at the end of term.
- Matraville Design & Technology students
 have been working with the ADA Built
 Environment Design Futures Lab on being
 inducted into safe use of the lab's
 technology, and mentorship on their termlength D&T projects. Design Futures Lab
 staff have come to Matraville to speak to
 year 10 about design-focussed careers.



UNSW Matraville Education Partnership

- Several members of the School of Arts and Media including Dr Adam Hulbert and Rick Bull have visited Matraville for a series of workshops on digital music and sound production. The students are learning to use free, open-source tools to compose and mix their own music and audio tracks. In Week 9 they took an excursion to UNSW to record in the music studios there – look out for the forthcoming album on SoundCloud!
- UNSW Student Ambassadors visited MSHS twice this term to support Year 12 students in completing their UAC applications and applying to uni.

- UNSW students will offer tuition to Year 12 students these school holidays to help them prepare for the HSC – see "Work Hard Wednesdays" flyer!
- Early Career Teachers at Matraville are receiving ongoing mentoring from Dr Karen Maras, Prof Terry Cumming, and Dr Ellen Lee, refining their approaches to specific issues related to classroom management and curriculum implementation.





Wellbeing



RAGE IS AN AWARD WINNING 6 WEEK ANGER MANAGEMENT COURSE FOR YOUTH AGED (12-15). IT IS A STRENGTH BASED, SOLUTION FOCUSED PROGRAM THAT IS INTERACTIVE AND FUN.

WHY RAGE?

- Want help dealing with anger or violence?
- Have you been suspended from school?
- Have you been in trouble for anger or violence?
- Want to improve relationships with family & friends?



JOIN US

Cost: Free - Funded by Rotary

Club of Maroubra

Dates: Every Wednesday for 6 weeks starting 19th of October

Time: 4 - 5pm

Bookings: Email Juliette

commandfamsupportesecc.sydney **Location:** SECC Hub 1007 Botany

Road, Mascot

