



Matraville Sports High School

Talented Sports Program

TRIALS FOR MATRAVILLE SPORTS HIGH SCHOOL RUGBY LEAGUE PROGRAM 2017



In 2017 Matraville Sports High School will be running a dedicated Rugby League Talented Sports Program for Year 7. In collaboration with professional sporting organisations we invite all current year 6 students who are currently playing Rugby League to trial for a spot in 2017.

The Matraville Sports High School Talented Sports Program (TSP) is designed to provide students who excel in particular sports with elite coaching and an academic framework that enables them to reach both their academic and sporting goals.

BENEFITS OF THE PROGRAM

- ✓ Excellent coaching from experienced, accredited coaching staff.
- Providing education in nutrition, fitness and basic sports science along with life skills such as time management, goal setting and motivation.
- ✓ Exposure to a high level of competition which can improve skill level and provide access to higher representation in their chosen sport.
- ✓ Strength and conditioning program provided to assist with the physical development of TSP students.
- ✓ Development pathways.

- Trial date is Wednesday the 24th August 2016, starting at 9:30am.
- Go to <u>www.matrasport-h.schools.nsw.edu.au</u> to download application form
- Applications close Monday the 22nd August 2016
- Contact the school for further information

UNSW MATRAVILLE EDUCATION PARTNERSHIP



A first-of-its kind school-university alliance that has brought positive change to our school and community and new exciting opportunities with a variety of gifted and talented programs for our students to excel!